Our mission is to support a national network of Parent to Parent programs to ensure access to quality emotional support for families of individuals with disabilities and/or special health care needs.

**Our Work**

- **15 Years** of research and action on evidence-based peer support practices
- National matching platform: reaching across state lines to support parents in need

**Families We Serve**

**Most Frequent Diagnoses**
1. Autism Spectrum Disorder
2. Intellectual and Developmental Disabilities
3. Genetic Conditions
4. Mental Health
5. Down Syndrome

**Age Demographics of Children**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 - 5</td>
<td>33%</td>
</tr>
<tr>
<td>5 - 13</td>
<td>32%</td>
</tr>
<tr>
<td>14 - 21</td>
<td>24%</td>
</tr>
<tr>
<td>&gt;22</td>
<td>11%</td>
</tr>
</tbody>
</table>

**Diversity**

- 36% American Indian or Alaskan Native
- 26% African American
- 63% White
- 3% Asian
- 2% Two or more races
- 6% Asian

- **3,232 staff members**
- **14,600 1:1 matches**
- **7,850 volunteer support parents available during the COVID-19 crisis**
- **532 newly trained in 2020**

“**My staff team has really enjoyed connecting and hearing from other coordinators.**”

– Parent to Parent of Colorado, Alliance Member

“**My Support Parent was the lifeline I never knew I needed.**”

– Parent from Oklahoma

Ask us about ways you can help at: memberinfo@p2pusa.org or
OFFER YOUR SUPPORT TODAY AT WWW.P2PUSA.ORG/DONATE